

PATIENT INFORMATION

Musculoskeletal Integrated Clinical Assessment and Treatment Service (MICATS)

Your GP/ Healthcare professional is requesting further treatment/ opinion about your care.

This leaflet gives you information on the choices that you have available. It also explains how your appointment will be managed to make sure your treatment and care run smoothly.

What is MICATS?

MICATS is an integrated service consisting of a team of specialists including a Consultant, experienced Physiotherapists and Podiatrists, Occupational Therapists, Psychologist and Pharmacist who will assess you and identify the most appropriate course of management for your condition.

MICATS aims to ensure that patients:

- Are assessed promptly.
- Have the most appropriate treatment for their condition.
- Understand their condition and are given the most up to date advice and information to manage their condition.
- Who do not need surgery are not referred inappropriately.

You and your GP/ Healthcare professional have decided that there is a need for you to have a specialist opinion and/or physiotherapy. This request is sent to MICATS.

Booking a MICATS Appointment:

- **5 - 10 days** after you have seen your GP/ Healthcare professional (or as advised) please ring the Appointment Booking Centre.



**Call the
Appointment
Booking Centre
01543 509770**

By allowing 5 – 10 days, it is hoped that when you ring, we will have your referral triaged and understand the most appropriate course of management for you.

You should be offered a MICATS appointment within 4 weeks of receipt of your referral.

Does your GP have your up to date?

- Telephone number
- Mobile number
- Address
- Email address

All NEW patient appointments: Appointment Booking Centre

Telephone: 01543 509770

Mon + Tue 8.30am-12.30pm 1.00pm-4.30pm
Wed + Thu 9.00am-12.30pm 1.00pm-5.00pm
Fri 9.00am – 1.00pm

OR email at any time;

apptbookingcentre.mpft@nhs.net

Your Appointment:

Your first appointment takes approximately 40 to 90 minutes depending on your condition and who you are seeing.

You may be asked to remove some clothes so that the specialist can examine the affected part of your body. If this is your lower back or legs, it may be advisable to bring a pair of shorts with you.

The specialist will discuss the assessment findings with you and the most appropriate management for your condition. The range of options includes:

- Advice on management
- Exercises
- Joint or soft tissue injection
- Physiotherapy
- Pain Management
- Podiatry
- Dietician
- Occupational Therapy
- Referral to Orthopaedic Surgeon
- Pain Consultant
- Rheumatologist

If you have any further questions about the service or your condition, please contact us.

How to Contact MICATS:

MICATS Administration Team:

(For review appointments / queries / results)

Telephone: 01543 467854

Mon – Thu 9am – 4pm

Fri 9am – 2pm

OR email at any time;

SSTPNT.MICATS@nhs.net

If you need to change your appointment, contact us as soon as possible, even if it is the morning of your appointment. This may enable us to offer your time slot to another patient. Ideally, we require 48 hours' notice.